

LIGHTER FARE



Whether you're trying to lose weight, eat healthy or you're just looking for a great meal choice, our Weight Watchers menu has 7 delicious choices!

ENJOY!

-  **10** **GRILLED CHICKEN WITH ARTICHOKES.** \$15
Tender Chicken Breast grilled with artichoke hearts. Delicately seasoned with garlic and fresh lemon, served over wild rice and grilled asparagus.

-  **14** **FILET WITH VEGETABLES.** \$22
Lean trimmed filet of beef, grilled to perfection. Resting on a grilled portabella mushroom. Accompanied by steamed vegetable medley & Baked Potato with butter & fat free sour cream.

-  **18** **TURKEY AVOCADO ROLLUP.** \$12
Sliced Turkey stacked with grilled asparagus spears, sliced avocado and spring mix on a spinach wrap. Served with honey dijon mustard. Comes with a side of fresh fruit.
-  **10** **SHRIMP PASTA WITH ZUCCHINI & TOMATOES.** \$16
Sautéed shrimp, garden fresh zucchini & sweet grape tomatoes form a trio of flavors. Delicately accented with Italian Oregano & minced garlic, all combined with al Dente Pasta and fresh Basil.
-  **16** **CAPRESE FLATBREAD PIZZA.** \$9
Flatbread Pizza topped with Ripe Sliced Tomatoes and Fresh Mozzarella. Baked and delicately topped with Fresh Basil Pesto making this an Italian favorite.
-  **10** **HAWAIIAN FLATBREAD** \$9
Delicate Flatbread topped with Rich Sauce, Lean Ham and Sweet Pineapple and a generous portion of Mozzarella Cheese combines to make this tropical treat memorable.
-  **10** **BAKED COD WITH STEAMED VEGGIES.** \$15
Broiled Atlantic cod accompanied by steamed mixed vegetables with garlic and a side of tartar sauce.


**No substitutions please – Each meal has been carefully crafted to meet SmartPoints values*